



AMITY UNIVERSITY
UTTAR PRADESH

SDG 2: Zero Hunger

STUDENT HUNGER

Healthy and Affordable Food Choices in Campus



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1.Introduction

Healthy and nutritious food is essential for the growth and development of youth, and Amity University cafeterias are dedicated to offering wholesome food choices that promote the overall well-being of students. The university embraces a sustainable food system that ensures food security and nutrition for all while safeguarding economic, social, and environmental resources for future generations.

In addition to balanced meals, the cafeterias provide a delightful selection of sweets and a variety of beverages to cater to diverse preferences. Environmental sustainability is a key focus, with a complete ban on plastic use across the campus. To minimize waste, single-serving packaged food trays are utilized, and a composting machine processes food waste, contributing to eco-friendly practices and further supporting the university's commitment to environmental stewardship.

2.Sustainable Food Choices

All cafeterias on the Amity University campus offer affordable meals at subsidized rates for students and staff, with a range of vegetarian and vegan options available. The menus feature seasonal vegetables, fruits, cereals, and a variety of dairy alternatives, ensuring a well-rounded and nutritious diet. As seen in the attached menus, Amity exclusively serves vegetarian and vegan foods, but the extensive selection caters to diverse tastes and quality preferences, meeting the needs of all students. The cafeterias offer a wide array of cuisines, including North and South Indian, Chinese, Italian, as well as a variety of breads and sandwiches, enriching the food options for the campus community. The university is committed to providing diverse and sustainable food choices that align with the nutritional and ethical preferences of its students and staff.

3. Healthy and Affordable Food Choices

A healthy diet, rich in essential nutrients, is crucial for the overall well-being of students. Amity University takes pride in consistently offering safe, appetizing, and nutritious food options to its students, supported by a dedicated dining team that works tirelessly to provide tasty and diverse meals.

The availability of a healthy and affordable diet is the result of collaborative efforts between the Cafeteria Management Committee, Student Mess Committee, QAE department, and cafeteria staff. Focused on maintaining the highest standards, the university ensures that food quality is consistently top-notch, with an emphasis on hygiene, nutritional value, freshness, diversity, seasonality, and affordability.

The cafeteria menus are carefully crafted by dietitians and professionals, incorporating valuable input from students. Additionally, student feedback gathered through the Amity Intranet (Amizone) helps further refine and enhance the quality of food offered, ensuring it meets the expectations and needs of the campus community.

4. Variety & Price of The Food

4.1 Approved Rate List: Amity Cafeterias

Items	Contents	Quantity	Rates without GST (in Rs)	Rates without GST (in \$)
Canteen Meal without Sweet	Rice	150gm	30	0.35
	Dal	200gm		
	Vegetable	200gm		
	Roti	125gm		
	Salad	50gm		
Mini Meal (Chinese/Indian Combo)	Noodles/Fried Rice	200gm	41.8	0.49
	Manchurian	150gm		
	OR			
	Cholle	150gm	33	0.39
	Kulcha	150gm (2 nos)		
Mini Meal (Packed)	Noodles/Fried Rice	200gm	41.8	0.49
	Manchurian	150gm		
	OR			
	Cholle	150gm	33	0.39
	Kulcha	150gm (2 nos)		
Chinese Veg Chowmein with Manchurian	Noodles	200gm	42	0.49
	Manchurian	150gm		
Rice with Rajama	Rice	150gm	28	0.33
	Rajama	150gm		
Poori Sabzi 4 pcs	Poori	150gm (4 nos)	28	0.33
	Sabzi	150gm		
Chhole Bhature 2 pcs	Cholle	150gm	33	0.39

	Bhature	180gm (2 nos)		
Dosa Set + 1 IDLI + 1 VADA	Dosa	250gm	31	0.36
	Idli	100gm		
	Vada	100gm		
2 Samosa	Samosa	150gm each	12	0.14
Bread Pakora	Bread Pakoda	200gm	12	0.14
Spring Roll	Spring Roll	150-200gm	19	0.22
Bread Omelette (2 Egg)	Bread	2 pcs	23	0.27
Dosa Plain	Dosa	200gm	28	0.33
Dosa Masala	Dosa	250gm	32	0.37
Vegetable Patty		150-200gm	9	0.10
Vegetable Cutlet		75-100gm	13	0.15
IDLI Sambhar 2 pcs	Idli / Sambhar	100gm each / 200gm	28	0.33
Vada Sambhar 2 pcs	Vada / Sambhar	100gm each / 200gm	28	0.33
Vegetable Noodles per plate		200gm	28	0.33
Sandwich Home made		150gm	13.44	0.15
Sandwich Market made		200gm	14.56	0.17
Cocktail Pizza (small)		200gm	28	0.33
2 Parantha + Sabzi	Parantha	170gm	28	0.33
	Sabzi	125gm		
Milk Full Cream 250ml + Cornflacks	Milk	150gm + 40gm	28	0.33
Tea (Staff)		50ml	3	0.03
Packing Charges	Big		10	0.11
Packing Charges	Small		5	0.05

4.2 Menu – Lunch & Dinner

Sr. No	Item	Rates without GST
1	Rice, Dal, Vegetable, Roti , Salad	Rs 30/-
2	Dal, Paneer, Vegetable (Seasonal) Raita, Salad, Rice, Assorted Roti Sweet	Rs 63/-
3	Dal, Paneer, Vegetable (Seasonal), Pindi Cholle/Rajma , Raita, Salad, Rice, Assorted Roti , Sweet	Rs 79/-
4	Dal, Paneer, Vegetable (Seasonal), Pindi Cholle/Rajma , Manchurian Vegetable , Raita, Salad, Rice, Assorted Roti , Sweet	Rs 90/-
5	Dal, Paneer, Vegetable (Seasonal), Pindi Cholle/Rajma, Manchurian Vegetable , Vegetable Chowmein Raita, Salad, Rice, Assorted Roti Sweet	Rs 110/-
6	Wall Street Lunch/ Dinner	Rs 150/-
7	Wall Street Lunch/ Dinner with Soup	Rs 175/-

4.3 Menu for Tea & Snacks

Sr. No	Item	Rates without GST
1	Tea/Coffee & Cookies	Rs 6.50/-
2	Tea/Coffee + Cookies + Samosa	Rs 11.50/-
3	Tea/Coffee + Cookies + Samosa/Veg Patti + Sandwich	Rs 22.50/-
4	Tea/Coffee + Cookies + Samosa/Veg Patti + Sandwich + Muffin	Rs 26.50/-
5	Tea/Coffee + Cookies + Samosa/Veg Patti + Sandwich + Muffin + Bhajia Pakora/Idly	Rs 32.50/-

5. Conclusion:

Amity University has taken significant steps to provide a wide variety of nutritious food options for students, faculty, and staff. The university is committed to fostering a sustainable and inclusive food environment, ensuring that all members of the campus community have access to high-quality meals. Amity is dedicated to nourishing minds while promoting sustainability, shaping a brighter future for everyone on campus. Zero Hunger is not merely a goal but a shared vision that inspires us to make a positive impact every day.

6. Annexures

6.1 Tasty Food (P3 Cafeteria-D Block)





6.2 CATERING CARE (Cafeteria-H Block)





6.3 RARA'S FOOD TRUCK (E-1 BLOCK)



6.4 RARA'S FOOD OUTLET (Opposite Amity Clinic)



6.5 H BLOCK FOOD OUTLETS



CHAI GARAM & NIRULAS



CAFÉ COFFE DAY



BASIL



DOMINOS



SUBWAY



PITA PIT



MAMMA MIA



AMUL



DOSA PLAZA

6.6 MANJAP FOOD WORKS (MEGA BITE: E-1 BLOCK)







6.7 OLYMPIA (I-2 BLOCK)





6.8 MINT (F-2 BLOCK)_



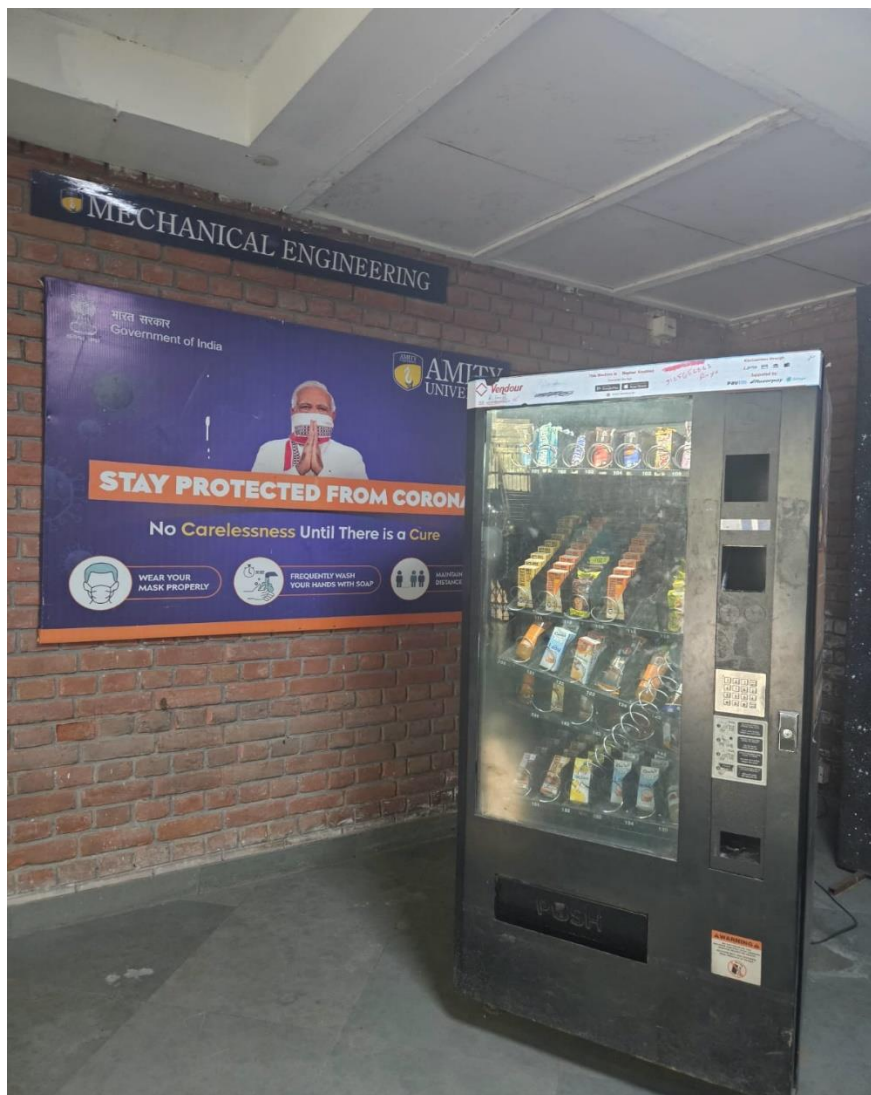


4.9 WALL STREET (F-1 BLOCK)





6.10 SNACKS DESPENSER (E-3 BLOCK)



6.11 BEVERAGES/COFFEE DISPENSER(E-2 Block/C Block/F-1 Block/I-2 Block)

